



## Emergency Kit Checklist

Assemble a 7-day Emergency Supply Kit. It's not unusual for the rural areas of the County to be without power for up to a week or more.



### Disaster Kit Essentials

- Water-1 gallon per person per day
- Food-dry, canned, non-perishable
- Battery powered radio
- Flashlights, extra batteries
- Vehicle cell phone charger
- Tent, sleeping bag, blankets
- Extra clothes, shoes, gloves
- Waterproof matches
- Toys, books, deck of cards
- Cash, Identification
- Copy of important documents
- Camp stove, fuel for cooking
- Liquid detergent, bleach
- Paper plates, foil, plastic bags
- Can opener, utensils
- Eye glasses
- Infant Supplies
- Trash bags, toilet paper
- Personal hygiene items
- Axe, shovel, rope, pliers
- Knife, multi-purpose tool
- Plastic sheeting, duct tape, towels for shelter- in- place
- Pet food
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### First Aid Kit Supplies

- First Aid Book
- Hydrogen peroxide
- Antibiotic ointment
- Alcohol swabs
- Aspirin, Ibuprofen
- Medications
- Bandages
- Rolled gauze
- Sterile pads
- Adhesive tape
- Cotton swabs
- Eye drops
- Diarrhea medication
- Antacids
- Scissors, tweezers
- Medical shears
- Nitrile medical gloves
- Thermometer
- Soap, sanitizer
- Sunscreen
- Safety pins, needle, thread
- Instant cold packs
- Splinting material
- Antihistamine
- Insect sting ointment
- Insect repellent



*What to include in an*  
**Emergency Preparedness Kit**



Rubber storage totes and garbage cans can be used to store your emergency kit.

The items in the checklist are suggested items; personalize it to you and your family's needs.